

Flanders

DENTAL STUDIO

Patient Newsletter

Wishing You A Bright Start To 2026

As we welcome a new year, it's the perfect moment to recommit to your health—starting with your smile. Prioritizing dental care is more than a resolution; it's an investment in your overall wellness, confidence, and quality of life. At Flanders Dental Studio, we're honored to be part of your journey toward a healthier, more vibrant year ahead. Here's to fresh starts, radiant smiles, and continued care that's nothing short of exceptional. If it's been a while, we would love to see you again! Schedule your appointment online today by visiting our website www.flandersdentalstudio.com or give us a call at 860.739.3425.

Anniversaries:



Alondra Ortega
6 Years (Jan 7)



Ana Rivera
1 Year (Feb 17)

Birthdays:



Dr. Mastrota
Jan 7



Ana Rivera
Jan 13



Stephanie Smith
Jan 14



Jessica Hewitt
Mar 7



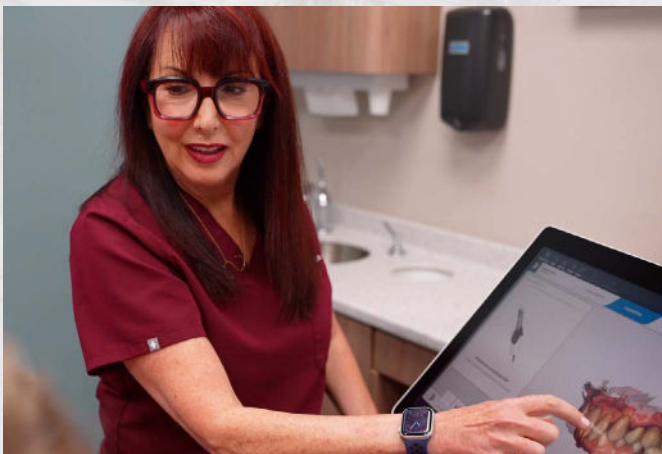
Jenna Putnam
Mar 17

Mission of Mercy

On November 8, our team proudly volunteered alongside the Connecticut Foundation for Dental Outreach for a special CT Mission of Mercy event held here in Southeastern Connecticut. This one-day initiative was dedicated to providing compassionate, no-cost dental care to underserved individuals and veterans in our community. From cleanings and fillings to extractions and root canals, we were honored to offer essential services and give back through meaningful care to a community that is often unable to access this type of oral health care.



Dental Technology Updates



At Flanders Dental Studio, every patient journey begins with our comprehensive Dental Wellness Scan. This advanced technology captures a complete picture of your oral health—giving us insights we simply couldn't gather any other way. More importantly, it allows you to see what we see, in a clear and easily understandable format. With the ability to compare scans over time, we can monitor subtle changes, track progress, and detect potential concerns early. It's a collaborative, transparent approach to your care—designed to keep you informed, involved, and on the path to long-term health.

Community Events

Stay Connected With Your Community!

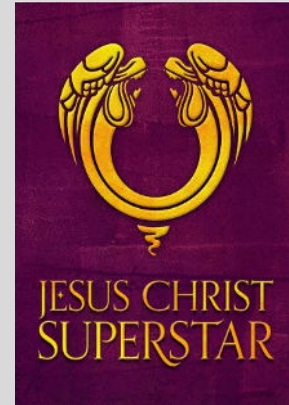
Jesus Christ Superstar April 17 – June 7, 2026

An Icon Reimagined for a New Generation

The Goodspeed | 6 Main Street, East Haddam, CT

An electrifying cultural landmark returns to the stage. Jesus Christ Superstar captures the final days of Jesus through the complex, human lens of Judas Iscariot, set to a pulse-pounding rock score that revolutionized musical theater. With unforgettable songs like "Superstar" and "I Don't Know How to Love Him," this celebrated production invites audiences to explore devotion, doubt, and the enduring impact of sacrifice.

Under the direction of Tatiana Pandiani and music direction by Adam Souza, this production promises a deeply resonant and artistically thrilling experience in the historic Goodspeed Opera House.



Earth, Wind & Fire Tribute Band January 31, 2026

A Soulful Celebration of Iconic Sound

8:00 pm at the Katharine Hepburn Cultural Arts Center

More than a performance—it's a revival of rhythm, harmony, and soul. The Earth, Wind & Fire Tribute Band brings exceptional artistry to the stage, honoring one of the most influential musical groups of the 70s, 80s, and 90s. With roots in gospel and a deep reverence for the original band's legacy, this ensemble channels the infectious energy, musical sophistication, and timeless grooves that defined a generation.

From smooth jazz inflections to electrifying funk and richly layered R&B, this tribute is a vibrant homage to a Grammy Award-winning band that has inspired audiences worldwide for over four decades. Every performance is a heartfelt nod to Earth, Wind & Fire's enduring spirit—and a chance to experience the elements anew.

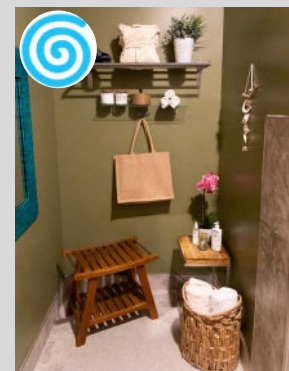
Whether you're reliving treasured memories or discovering the magic for the first time, this show is a joyful reminder that truly great music never fades.



Float Therapy at Tranquil Balance

Discover a serene escape with float therapy—an innovative wellness experience that immerses you in complete sensory stillness, allowing your mind and body to deeply reset. Suspended effortlessly in a buoyant Epsom salt solution, your body is freed from pressure and gravity, offering profound relief to muscles, joints, and the nervous system.

This calming environment eases stress by lowering cortisol while boosting mood-enhancing endorphins and dopamine, creating a lasting sense of well-being. From alleviating chronic pain and insomnia to easing anxiety, migraines, and even prenatal discomfort, float therapy is a powerful complement to any holistic health routine—designed to restore balance, rejuvenate the body, and support total wellness.



Patient Story

"It's Me Again"

Val's Story



When Val came in for a routine cleaning, she wasn't expecting to hear that one of her front teeth was no longer viable. But from the first moment Dr. Mastrotta explained the situation with warmth and clarity, Val knew she was in caring, capable hands. From the careful color matching to the precision of her restoration, every detail was handled with thoughtfulness and trust. "Dr. Mastrotta is kind, thoughtful—she walks in as the doctor but talks to you as a person," Val shared. And when her final tooth was placed, she smiled into the mirror and said, "Oh my God, I'm so happy. It's me again."

[Watch Val's Story Here](#)

Congratulations to our winners of the Golden Referral Program!

September

Kaitlin Shaughnessy

October

Soraya Calle

November

Tianne Pape

Quarter 3

Janet Soars



Here's to Happy, Healthy Smiles

We love helping you smile with confidence. Whether you're due for a checkup or exploring something new, we're here to support your goals every step of the way.

Enjoy the season—and don't forget to show off that smile!

- The Flanders Dental Studio Team



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